

PADI

PEAK PERFORMANCE

BUOYANCY COURSE

Fine tune your buoyancy control and at the same time enjoy extended bottom time, help preserve the underwater environment, and prolong the life of your equipment through enrolling in the **PADI Peak Performance Buoyancy** course. Participants learn how to conduct a personal buoyancy assessment by using the PADI “Basic Weighting Guidelines”.

PREREQUISITES

Open Water Certification/JR Open Water Certification

COURSE FEE

\$90, includes PADI Peak Performance video

COURSE REQUIREMENTS

1 Classroom Lecture & Pool session

2 Open Water Dives (Adventures in Diving/Advanced Open Water elective buoyancy dive counts towards the Peak Performance Buoyancy course)

GENERAL EQUIPMENT REQUIREMENTS

Mask, snorkel, & fins

Full wetsuit w/hood & gloves, if needed

Weight belt & weights

Regulator w/alternate air source

BCD w/low pressure inflator

Depth & pressure gauge

Log Book

Slate with pencil

Whistle

Dive knife

One filled tank

U/W watch or bottom timer

Please note

Each student is expected to have the above equipment prior to open water training. Please check to be sure all equipment has been serviced and is in proper working condition. Rental equipment is also available on a first come, first serve basis.